



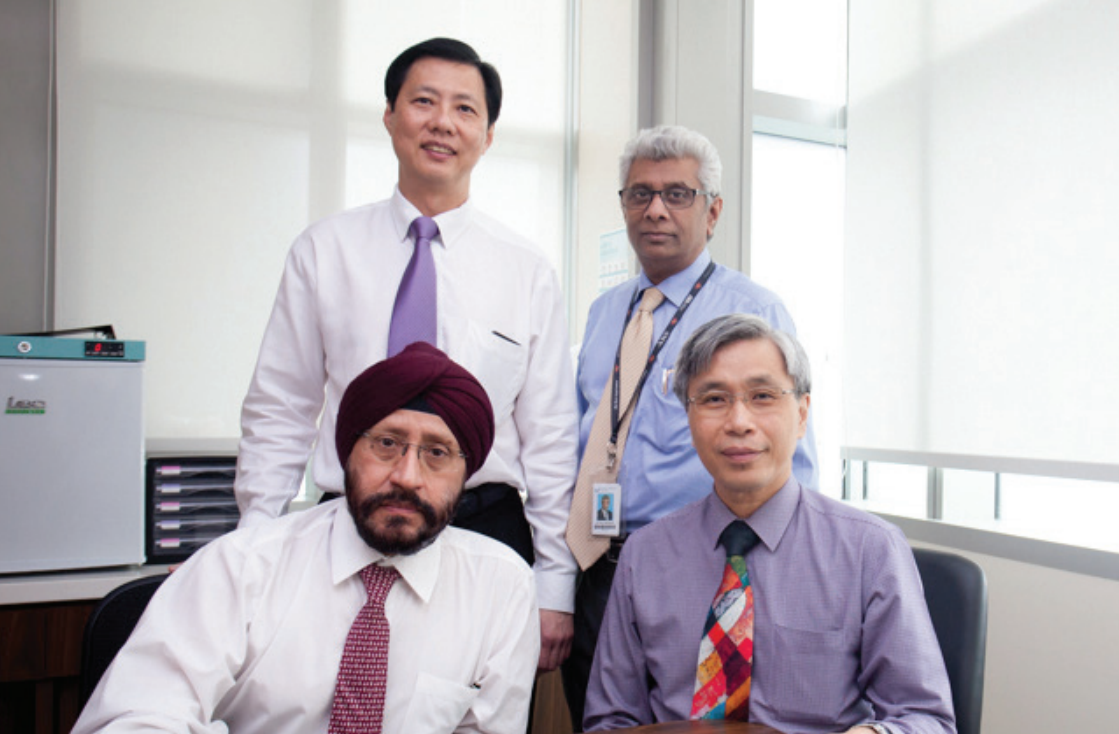
100 Years of
MEDICAL EXPERIENCE

Welcome



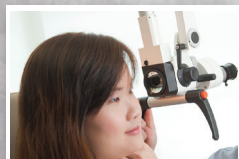
The Novena ENT-Head & Neck Surgery Specialist Centre is a group practice founded on the collective expertise of four experienced medical practitioners. Our ENT surgeons – A/Prof Low Wong Kein Christopher, A/Prof Dharambir Sethi, Dr Ravi Seshadri and Prof Christopher Goh – are well respected practitioners in their respective sub-speciality fields with more than a hundred years of combined experience. They are fully supported by a qualified administrative, nursing and paramedical team to provide seamless and specialised care for our patients.

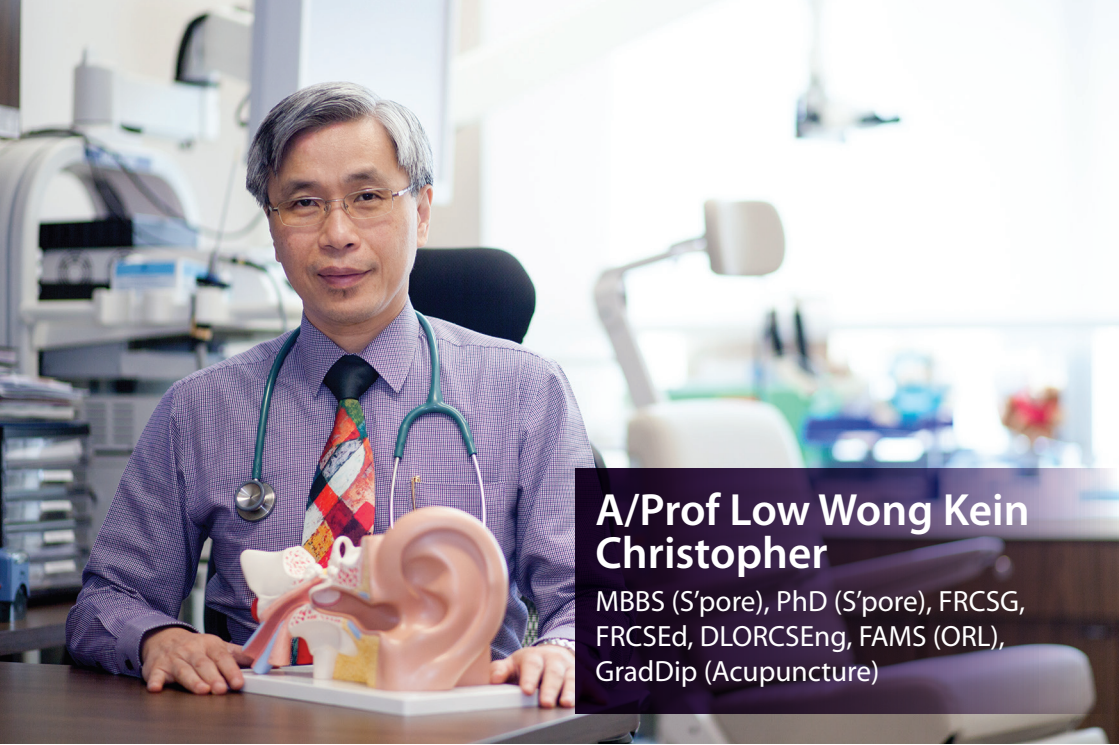




PROVIDING HOLISTIC AND TEAM-BASED CARE

We pride ourselves on delivering the quality care and comprehensive services that our patients deserve. Leveraging on individual doctor's clinical expertise and experience, our medical team works collaboratively to deliver patient-centric care, and to create a positive patient experience.





A/Prof Low Wong Kein Christopher

MBBS (S'pore), PhD (S'pore), FRCSG,
FRCSEd, DLORCSEng, FAMS (ORL),
GradDip (Acupuncture)

A/Prof Low Wong Kein is an Ear Nose & Throat (ENT) specialist with over 25 years' of experience. He has a special interest in treating ear disorders in both children and adults. These include hearing loss, vertigo (giddiness), tinnitus (ringing/buzzing in the ear) and ear infections/cancers. He was awarded a Doctor of Philosophy (PhD) degree for his work relating to ear and is an accredited acupuncturist.

Currently Adjunct Associate Professor at the NUS-Duke Graduate Medical School, he was former Head of Singapore General Hospital's ENT Department and Visiting Specialist to the KK Women's & Children's Hospital. A/Prof Low has performed more than 500 cochlear implant surgeries, including Singapore's the first paediatric cochlear implant in 1997.

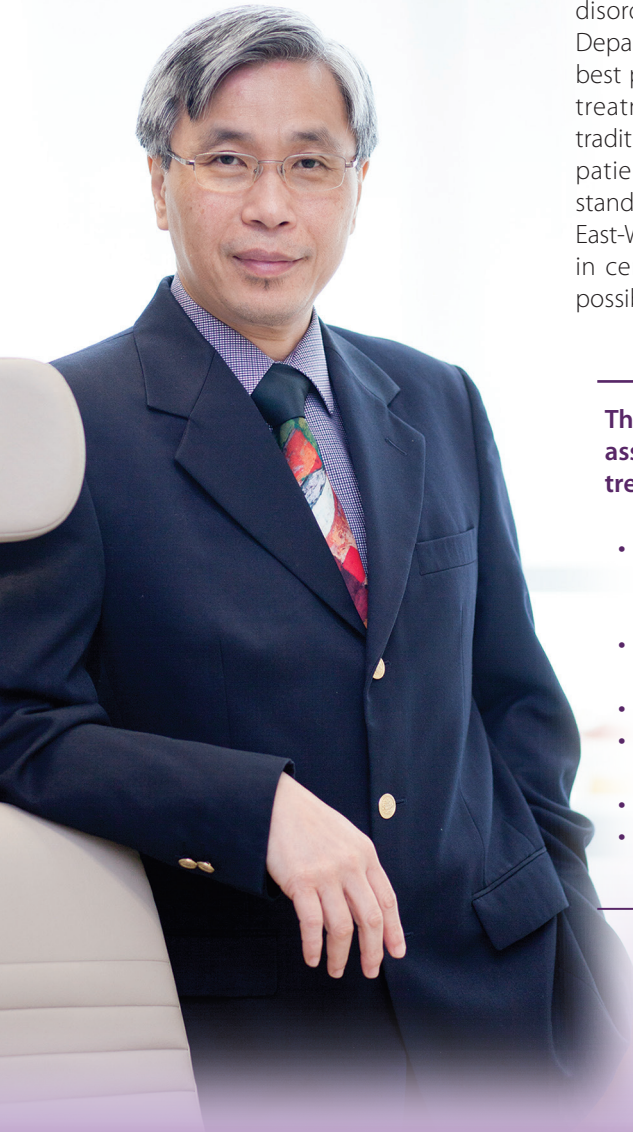
A nominee for National Outstanding Clinician in the inaugural National Medical Excellence

Award in 2008, A/Prof Low has interest in research, which can improve treatment outcomes. He has shared his own research findings and wide clinical experience through more than 70 scientific publications, mainly in international journals/books. He was the first to study and publish racial difference in anatomy of the facial nerve in the ear bone. This knowledge is important as it could help to prevent facial nerve injury during ear surgery that results in weakness of the face.

A/Prof Low has made significant contributions to the training of many ENT doctors. He has been the founding member and President of the ASEAN Academy of Neuro-otology and Audiology and has served as Chairman of Singapore's Specialist Training Committee, Director of Singhealth's ENT Residency Program and President of the Singapore Otorhinolaryngology Society.

EAR DEPARTMENT

SOUND CARE FOR BETTER EAR HEALTH



With a PhD research degree in hearing sciences and Graduate Diploma in Acupuncture, A/Prof Low helms the Department that embraces future medical advancements and technologies and offers specialised care for the entire spectrum of ear-related disorders in both children and adults. The Department aims to adopt evidence-based best practices relating to the diagnosis and treatment of ear problems. It also offers traditional Chinese acupuncture in suitable patients when indicated, to complement standard western medical practices. Such an East-West medical approach has the potential in certain conditions, to achieve the best possible treatment outcomes.

The range of services includes assessment, investigation and treatment of:

- Hearing disorders (Managed by our Hearing Health & Cochlear Implant Unit)
 - Tinnitus (Eg. Ringing, buzzing or other sounds in the ears)
 - Giddiness and vertigo
 - Ear infection (Eg. Ear pain, itch, discharge or blockage)
 - Tumors related to the ear
 - Facial nerve disorders (Eg. Weakness of the face)
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A/Prof Dharambir S Sethi
MBBS, FRCSEd, FAMS (ORL)

A/Prof Dharambir S Sethi is an Ear, Nose, Throat (ENT) surgeon with over 30 years' experience in the field, providing specialised care for patients with nose and sinus disorders. Prior to establishing his private practice, A/Prof Sethi was Senior Consultant of Otolaryngology at Singapore General Hospital, where he is still a Visiting Consultant.

Internationally regarded for his work in endoscopic sinus surgery and skull base surgery, A/Prof Sethi has received numerous awards from various parts of the world, including the Honor Award from the American Academy of Otolaryngology and Head Neck Surgery and the Pioneer of ASEAN Rhinology Award from the ASEAN ORL Foundation. His contributions in sinonasal disorders and endoscopic sinus and skullbase surgery earned him Honorary Memberships with the South African Society of Otolaryngology & Head and Neck Surgery as well as the Malaysian Society of Otolaryngologist - Head & Neck Surgeons. In 2000, A/Prof Sethi was featured in the Entrepreneurs of Singapore General Hospital.

He has been a regular instructor at the American Academy of Otolaryngology and Head Neck Surgery since 1994, and has presented more than 50 instructional courses thus far. A much sought after speaker, A/Prof Sethi has delivered over 800 scientific presentations in more than 20 countries around the world.

A well-published surgeon, A/Prof Sethi has more than 50 scientific papers to his name in peer-reviewed journals. He has also authored several book chapters and books. He currently serves on the Editorial and Review Boards of several scientific journals.

NOSE DEPARTMENT

ON THE SCENT OF BETTER NOSE HEALTH

Chronic rhinosinusitis (or sinus) is one of the most common health complaints but there are other conditions, like nosebleeds, blockage, inhalant allergies and even tumours that can affect our nose health. Using current diagnostic and therapeutic technology, we provide specialised care for nose conditions through a comprehensive range of treatments and services that includes:

- Allergy tests for inhalant allergies
- Diagnostic nasal endoscopy
- Minor endoscopic surgical procedures
- Functional endoscopic sinus surgery
- Endoscopic procedures
 - Surgery for benign tumours of the nose and sinuses
 - Endoscopic repair of CSF leaks and encephaloceles
 - Endoscopic pituitary surgery
 - Endoscopic surgery for selected skull base tumours
 - Endoscopic removal of juvenile angiofibromas
 - Endoscopic oculoplastic surgery
- Balloon sinuplasty
- Surgery for deviated nasal bones and nasal septum
 - Surgery for nasal trauma
 - Septoplasty
 - Functional septorhinoplasty
- Surgery for turbinate reduction
 - Inferior turbinoplasty
 - Radiofrequency reduction of inferior turbinates



Dr Ravi Seshadri

MBBS (S'pore), FRCSEd, FAMS (ORL)

Dr Ravi Seshadri is an Ear, Nose, Throat (ENT) surgeon with more than 25 years of experience, specializing in caring for patients with nasal allergy, snoring and throat and voice problems. He also sees a wide variety of paediatric patients with ear, nose and throat problems.

Prior to his move to private practice, Dr Ravi was a consultant at the Department of Otolaryngology at Tan Tock Seng Hospital. Presently, he continues to run a Voice Clinic at the Hospital, where he not only sees patients but trains junior doctors as well.

Dr Ravi is highly respected in the medical community for his expertise. Best known for pioneering the use of botulinum toxin (Botox)

for patients with spasmodic voice conditions in Singapore, Dr Ravi has also been an active member of the Singapore ORL Society since 1991 and served as the Secretary of the Society from 1996 to 1997. In addition, he is a member of the Voice Foundation that is based in Philadelphia, USA.

A well-published surgeon, Dr Ravi has several scientific articles in peer-reviewed journals locally as well as regionally, including the Asian Pacific Journal of Allergy and Immunology. He has also been an invited speaker at several scientific meetings.

THROAT DEPARTMENT

SPEAKING UP FOR BETTER THROAT HEALTH

Sudden difficulties in speaking, tiredness or pain in the throat when speaking, as well as general hoarseness are seemingly trivial symptoms but may predicate voice or swallowing disorders. A change in pitch, quality and loudness of voice, too, may denote a potential voice problem. Among throat-related conditions, snoring is perhaps the most common. Snoring in itself may not be considered an illness but when associated with other symptoms like daytime sleepiness and morning headaches, could indicate obstructive sleep apnoea.

It is generally advisable to treat such conditions earlier, rather than later, in order to prevent detrimental health consequences.

We help patients effectively manage conditions of the larynx (or voice box), including voice and swallowing conditions as well as snoring and sleeping disorders through a range of diagnostic, medical, surgical and rehabilitative services:

- Laryngovideostroboscopy
 - Voice evaluation
 - Voice therapy
 - Surgery for snoring (uvulopalatopharyngoplasty)
 - Swallowing disorders
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Prof Christopher Goh

MBBS (S'pore), FRCSEd, FRCSG,
FAMS (ORL)

Prof Christopher Goh is an Ear, Nose, Throat (ENT) surgeon with more than 25 years' experience in the field. He provides specialised care for patients with head and neck conditions through his advance surgical techniques.

Prior to his move to private practice, Prof Goh was the Head of Department and Senior Consultant of Otolaryngology at SGH. He remains a Visiting Consultant to SGH and National Cancer Centre Singapore.

Teaching and moulding future generations of doctors is an aspect of medicine that Prof Goh has a passion for. He was the Chairman of the Residency Advisory Committee of the Ministry of Health which oversees the training of residents in Singapore.

Prof Goh is actively involved in the otolaryngology arena. He served as President of the Society of Otolaryngology - Head & Neck Surgery Singapore from 2007 - 2009 and is a founding member of the Asian Society of Head & Neck Oncology. He was the Treasurer of the ASEAN Federation of Otolaryngology - Head & Neck Surgery.

Committed to providing the best for patients, Prof Goh has helped train surgeons through several medical missions to other countries, so that they can continue to serve their community. He is also presently the Chief Commissioner of St John's Ambulance Brigade whose goal is to provide service to mankind through the promotion of first aid skills and CPR.

Prof Goh's work in ENT-Head & Neck surgery is highly regarded and he is frequently invited as a guest speaker at regional and international conferences. An extensively published surgeon, Prof Goh has more than 40 scientific papers in peer-reviewed journals to his name.

HEAD & NECK DEPARTMENT

HEADING TO BETTER HEAD & NECK HEALTH



The Head & Neck sub-speciality deals primarily with tumours affecting eight sub-sites: the nose and sinuses, the nasopharynx (the area just behind the nose), the thyroid glands, the oral cavity, the oropharynx (throat), the larynx (voice box), the hypopharynx (the inlet into gullet) and the salivary glands.

Benign and malignant tumours in the head and neck region are best evaluated with specialized diagnostic tools. We offer access to state of the art imaging such as PET-MRI which enhances the detection and assessment of tumours in this region. This is complemented by other established diagnostic procedures including ultrasound, Fine Needle Aspiration Cytology (FNAC), nasal endoscopy and biopsies that are performed in our centre.

Some of our key services in the management of head and neck conditions include:

- Thyroid surgery
 - Parotid surgery
 - Submandibular gland surgery
 - Neck dissection
 - Laryngeal surgery
 - Phonosurgery
 - Surgery for oral tumours
 - Surgery for pharyngeal tumours
 - Management of nasopharyngeal cancer
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THE HEARING HEALTH & COCHLEAR IMPLANT UNIT

The Unit provides a wide range of diagnostic and treatment options to people with hearing loss. In particular, it has very specialized services for people with severe to profound loss who do not benefit from conventional hearing aids and therefore, may require a cochlear implant.

Having managed thousands of patients with hearing loss including having performed more than 900 cochlear implant surgeries, A/Prof Low and his team optimize the hearing health in children and adults by medical and/or technological means. We aim to provide holistic care from a medical, audiological, rehabilitative and psycho-social perspective, consistent with international best practices. The Unit is supported by modern facilities, equipment and staff of Novena ENT – Head & Neck Surgery Specialist Centre.





ONE-STOP SERVICES & SOLUTIONS

Novena ENT - Head & Neck Surgery Specialist Centre aims to optimize ear health in adults and children in a holistic way, consistent with international best practices. With the use of specialised technology diagnostic equipment to achieve accurate, objective assessments of symptoms, we are at the forefront of providing optimal treatment for all ages.

Comprehensive services we offer include:

- Hearing assessment (Adult & Children)
- Giddiness & Vertigo (Balance testing)
- Tinnitus assessment
- Hearing aids & Cochlear implants
- Middle ear & Bone-Anchored implants
- Infant hearing screening
- Central Auditory Processing Disorder (CAPD)
- Auditory Verbal Therapy (AVT)
- Customized swimming ear plugs





FACILITATING EXCELLENCE IN CARE

Our medical and surgical expertise is well complemented by a full suite of facilities and equipment housed within our centre for greater patient convenience.





BUILT FOR OPTIMAL HEARING HEALTH

Being one of the first private medical specialist practices in Singapore to offer complete hearing health and cochlear implant services, we have dedicated facilities that are instrumental in helping our doctors deliver optimal care to patients with hearing impairment.



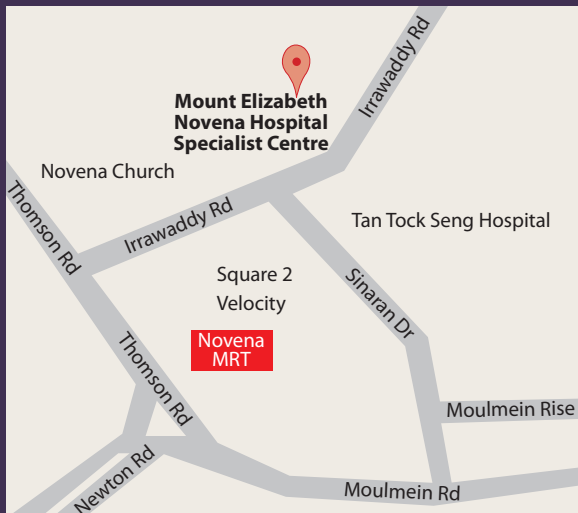
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